



• Saturday
• January 21, 2023
• Vol. 8109

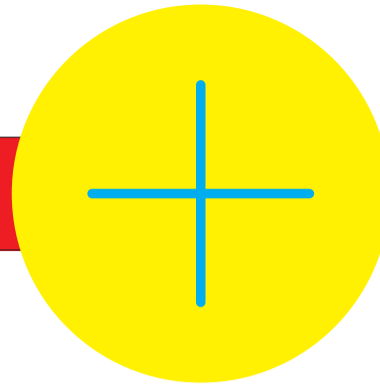
Palestinian paintings to go on display in Tehran



ISNA – An art exhibition titled 'Wound of Gaza' will open at the Palestine Museum of Contemporary Art in Iranian Academy of the Arts on January 18. The exhibition, features 29 paintings by 28 Palestinian artists, will continue through January 25.

IRAN NEWSPAPER

ISSN 1027-1449
Keytitle: IRAN (Tehran)
irannewspaper.ir



IRAN

Iranian Morning Newspaper

Iran boasts six different COVID-19 vaccines



MARZIEH SOLEIMANI/IRNA

IRNA – The Ministry of Health's research deputy stated that currently six different COVID-19 vaccines with different platforms are produced in Iran.

"These were developed by the country's scientists, and the vaccines will be awarded at the 28th Razi Medical Sciences Research and Technology Festival," said Younes Panahi.

In a press conference on Tuesday, he said, "Before we were able to make our own vaccine, the world powers didn't give us any vaccines." He further stated that the

higher authorities wanted the research centers in the country to be active and dynamic during the pandemic, and the successful management of COVID-19 after the severe fourth wave was due to the preparation of the domestic vaccines.

"The 28th Razi Medical Sciences Research and Technology Festival will be held on the January 23 at the Iran International Conference Center. This festival is one of the biggest health festivals, which evaluates the research and technology performance of universities of medical sciences every year."

Referring to the slogan of the festival, 'Knowledge-Based Production and Job Creation', the deputy minister of health continued, "A significant percentage of the awarded people will be technol-

ogists and those involved in knowledge-based companies. Also, for the first time in the festival, students are evaluated."

According to Panahi, the 28th Razi Festival will be attended by 570 participants, out of whom five researchers, four inventors, three technologists, and two student researchers will be awarded.

"In addition, four universities of medical sciences, four student research committees, one knowledge-based company, three technology development centers, three technology products, and a non-governmental organization that supports research has been selected to receive honors."

He added that the selection of the winners was based on the documented evidence and the judges were provided with sufficient evidence.



ISNA

Young Iranian cheetah Pirouz has adapted well to cold

ISNA – Since the beginning of the cold weather, Pirouz, the young Iranian cheetah, has been sleeping inside special sheds designed for him inside the Cheetah Site in Pardisan Park, western Tehran, announced director of Office of Preservation and Management of Wildlife within Iran's Department of the Environment.

"Pardisan's Cheetah Site has, since the past, special sheds designed to keep the animals warm during the winter, and Pirouz, too, has started to sleep in the sheds," said Gholamreza Ebdali, explaining the creature's conditions after heavy rain and snow during past weeks.

Specifying the young cheetah's physical conditions due to the extreme cold, he said, "He is in a good physical condition. Previously, he has been accustomed to the open air, and right now, he should be able to adapt himself with the situation."

Ardeh, a miraculous potion from Ardakan

Sadeq Dehqan
Staff writer

EXCLUSIVE

It is said that a war broke out in Iran in the winter season during the reign of Shah Abbas Safavid (1571-1629 CE), simultaneous with the ministry of Sheikh Bahaei, the famous scientist of his period. The king ordered his minister to provide the army with a food that has a long shelf life, is easy to carry, does not need to be heated, and is nutritious and energizing. Sheikh Bahaei prepared a potion of sesame seed extract, named ardeh, in cooperation with a number of creative residents of Ar-

dakan, a city in the central province of Yazd.

The new food, consumed by Safavid soldiers, helped increase their strength so that they did not get tired soon during long and hard battles.

Known as the famous souvenir of Ardakan, ardeh is produced in more than 100 workshops in the city, some of which are still operating in the traditional manner. Gholamreza Farzandi Ardakani, the owner of a sesame oil extraction workshop located in the old section of the city, said in an exclusive interview with Iran Daily that raw sesame seeds are processed in the workshop to produce ardeh, halvareh (a sweet, dense Iranian

paste that is usually prepared with a base of sugar and ground sesame), sesame oil and ardeh oil.

Describing the process of ardeh production, he said that the sesame seeds are first soaked in water for about four to 12 hours. Then they are taken out of the water and poured into a tank to be rotated along with sand. This causes the

thin skins on the sesame seeds to peel off.

"In the next step, the sesame seeds are poured into a small pool of salt water to be purified. As a result, the sesame seeds are floated on the surface of the water and the remaining skins and soils settle at its bottom".

He added that this is repeated until all sesame

seeds are completely cleaned. In order to remove their saltiness, the sesame seeds are poured into the fresh water tank, to be washed several times. Subsequently, the sesame seeds, poured into a container, are placed inside a traditional furnace, under which a fire is lit.

The heating process must be done very carefully be-



Ardeh
tahnin.ir



Ardeh oil
tasnimnews.com



An ardeh workshop
aradbranding.com

cause the seeds must be completely roasted while their surface should not be burnt.

"Finally, sesame seeds are ground gradually to produce a brown potion, known as ardeh. Moreover, the oil that comes from ardeh has medicinal properties," Farzandi said.

Ardeh oil, which contains magnesium, is useful for

people with diabetes and prevents respiratory tract spasms. Since this oil is rich in antioxidants, it helps prevent heart disease and blood clots. In addition, the oil, which is rich in various minerals including zinc and calcium, not only helps reduce the risk of osteoporosis, but is also very useful for treating stress and constipation.

The photo shows the walls of Ernan adobe castle which is located near a village with the same name in Yazd Province's city of Mehriz on January 17, 2023.

MAJID DEHGANIZADEH/MEHR

